



- June 2022 Edition -

[Our website](#)

## From the President

Hello Members,

The committee met for the first time on 24 May. Past president Evie attended briefly to wish the new committee well. We managed to get through a large agenda in a timely manner. I am grateful for the keenness of the new committee and their willingness to take on jobs. I look forward to working with the committee.

U3A Gympie has a 5 year strategic plan developed in 2021. I intend that the committee review this and evaluate our progress in reaching goals.

I will be attending the U3A State Conference at North Lakes 7-9 June and will report back in a future newsletter.

## End of Year Function

As October is Seniors Month we have decided that the end of year function will be held then. Having it then will also avoid any issues with classes wanting to have their own end of term functions. If you would like more info on Seniors Month visit <https://qldseniorsmonth.org.au/about/>

## Sign-on Day and Tutors' Get-Together

The Sign-on Day will be held on Wednesday, 22 June 2022 – full details in the Treasurer's report. Tutors have been invited to a get-together with the management committee members. This is an opportunity for the committee on your behalf to thank the tutors for the wonderful work they do. Without our tutors U3A could not function.

## **Please - help us to promote U3A**

You can assist the new committee to build up and update our promotional material. We would appreciate photos and write-ups about classes, Tuesday lunches, or functions. Write-ups don't have to be literary masterpieces – we can polish up contributions. Just help us out with notes. Remember the five Ws :- Who, What, When, Where, and Why as a starting point.

Send them either by email to [publicity@u3agympie.com](mailto:publicity@u3agympie.com), OR by mail to PO Box 600 Gympie OR hand them to a committee member. Promotional material is needed to make posters for our Open Day in January 2023 and many other occasions.

President, Greg Jones

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**Birthday Greetings  
to those of our members  
who are celebrating  
a birthday this month!**

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## **Class Coordinator's Report**

Dear Members,

All seem to have settled in and are enjoying their Term 2 classes.

I am now working on Term 3 classes, and advise the following:

- Editing Workshops - Trudy Graham will run a 5-week course - learn how to edit your own work ready for publication, any genre, fiction or non-fiction. Commencing 15 July.
  - Faieza will offer a 5 week combined Yoga and Meditation class. Commencing 2 August.
  - Laptops have returned to Monday. Beginner 9:00am Intermediate 10:30am.
  - Subject to numbers Reflexology and Smartphone hope to return.
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- All our regular classes have vacancies for Term 3.

Please come along to Sign-on Day on Wednesday 22 June - to sign on for classes of your choice for Term 3. Bring a friend who you think may be interested in joining any of our classes - new members are always welcome.

Denice McDougall

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***Class Coordinator Denice McDougall can be contacted on 0490 757 458 or email [classes@u3agympie.com](mailto:classes@u3agympie.com) for enquiries or to express an interest in any of our classes.***

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**Epsom Salts Footbaths - Reflexology**

## **Class Feedback:**

### **Reflexology**

*'Margaret - previously an RN and reflexology teacher (of 30 plus years) - has just started this new course. Margaret is amazing, so interesting and any ache or pain is explained and studied through our feet. Using pressure on different parts of the feet shows which organ/bone etc is not functioning as it should. We use a foot bath (provided) with warm Epsom salt bath. Our class of 6 watch as Margaret evaluates our feet and we have many laughs.*

*We have already learnt so much on how to relieve neck pain, understanding the connection between big toe and brain. I would highly recommend this course if you are interested in pain relief and getting a better understanding of our bodies. One interesting fact we have learned already is that people who have bunions, or one coming up, will also get a hump on their back as we age. Bunions are an inherited trait, through a relative.*

*Many of you will benefit from this course, make new friends, learn something positive and have a laugh.'*

- Cheryl Artman

## Arts Class (Previously Drawing and Painting)

*'We have a new tutor, an artist known as Noo. Our request was to go back to basics. We are learning perspective and light. Noo advises each of us on how to improve as she reviews our attempts.'*

- Natalie Kerr

## ***U3A Gympie Noticeboard***

*[Click here](#) to check out our virtual noticeboard and keep up to date with changes to classes etc.*

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## Management Committee Report:

Dear Members,

Thank you to those members who attended the Annual General Meeting for 2022. The following members were elected to the Management Committee for 2022/2023.

### **MANAGEMENT COMMITTEE 2022 – 2023**

President – Greg Jones

Vice-President – Sarah Henshaw

Treasurer – Mary Inman

Secretary – Mary Inman

Class Coordinator – Denice McDougall

Publicity Officer – Vicki Belletty

Newsletter Editor – Vacant

General Committee Member – Chrissy Anderton

General Committee Member – Janet Bates

General Committee Member – Lynette Krocs

As the Newsletter Editor position was not filled, this position is now a casual vacancy. In accordance with our Constitution's **rule 21 Vacancies on management committee**, *the continuing members of the committee may appoint another member of the association to fill the vacancy until the next annual general meeting.*

Consequently, members interested in this position are invited to express their interest by contacting the Secretary at [u3a@u3agympie.com](mailto:u3a@u3agympie.com) or on 0417 433 034.

Mary Inman

Secretary

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## **BANK DETAILS**

**Bendigo Bank**

**Account Name: U3A Gympie Inc.**

**BSB: 633000 Account Number: 156 399 636**

Please note in the description and/or reference fields, your name and the purpose of the payment, then notify the Treasurer by email to

[treasurer@u3agympie.com](mailto:treasurer@u3agympie.com),

or by voicemail or text to 0417 433 034

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### **From the Treasurer:**

Dear Members,

**The *Sign-on Day* for Term 3 will be held at the Gympie Indoor Bowls Hall, 35 Graham Street Gympie on Wednesday, 22 June 2022. Doors open from 2:30 pm to 3:30 pm. EFTPOS and cash facilities will be available to pay your fees.**

Other options include making a cash payment in the **first** or **second** lesson of each class or course. Making a cash deposit or direct credit transfers to **U3A Gympie's** account at the Bendigo Bank. The account details are listed above. Please include your badge number or surname and the name of the class or course you are paying for. A confirmation email to [treasurer@u3agympie.com](mailto:treasurer@u3agympie.com) would be greatly appreciated.

**BANKING: Online Payment – Bank of Queensland –** Details provided on our account transactions do not include the payers' names, so if there is not enough space in the description field to provide your details, could you please either email, text, or even leave a voicemail message advising the remaining details. Thank you.

Mary Inman  
Treasurer

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***Mary Inman - Treasurer and Secretary responds to emails addressed to [treasurer@u3agympie.com](mailto:treasurer@u3agympie.com), [u3a@u3agympie.com](mailto:u3a@u3agympie.com) and the CONTACT FORM on our website. I can also be contacted on 0417 433 034 for enquiries not related to classes.***

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**U3A Gympie wishes to acknowledge and thank State Member for Gympie, Tony Perrett MP, for the assistance from his office in printing our Notices and Newsletters.**

## U3A Dates to Remember

**7 June - Tuesday - Lunch with Friends - Mt Pleasant Hotel 12:30**

**7 - 9 June - U3A Network State Conference**

**14 June - Tuesday - Lunch with Friends - Mt Pleasant Hotel 12:30**

**21 June - Tuesday - Lunch with Friends - Mt Pleasant Hotel 12:30**

**21 June - Tuesday - Management Committee Meeting**

**22 June - Wednesday - Sign on Day for Term 3 Classes**

**24 June - Friday - Last day of Term 2**

**25 June - 10 July - School Holidays**

**11 July - Monday - First day of Term 3**



### Getting to Know....

#### Greg Jones, President

Hi, my name is Greg Jones and I have been a resident of Gympie since being transferred here as a teacher in 1979. I retired from Teaching at Gympie High in 2015. I originally trained as a Maths Science teacher and later qualified as a Teacher-Librarian – the reason for my appointment to Gympie High. I am married and my wife Jill and I have four adult children, all of whom have moved away from Gympie.

Before and after retiring I was heavily involved with the Heart of Gold International Short Film Festival having a number of roles over the years - including Ticketing Coordinator, a 5 year term on the management committee as Secretary then Treasurer, and as Information Technology coordinator. Having scaled back these activities I am looking forward to my role as president of

U3A and hope that I can assist in enhancing and expanding U3A in Gympie

My interests include reading, Sudoku, Wordle, art and information technology. My interest in computing pre-dates the personal computer. A particular interest has been programming and over the years I have gained proficiency in a number of programming languages. As a teenager I experimented with painting and always intended to someday take it up. After retiring a friend told me about the U3A drawing class so in 2017 I decided that it was time to try something new. I learnt a lot from Susan's classes and in 2020 when painting was offered I joined Maree's class. One of the best decisions I have ever made and it has ignited a passion. The only problem being storing all my paintings. As Maree was unable to continue I was pleased to find that Denice had found a new Tutor and I am back with the drawing/art class with another great Tutor, Noo.

## Newsletter Contributions

Please submit all contributions no later than the 28th of the month.  
The newsletter is published in the 1st week of the following month.  
Please keep publication dates in mind for any time sensitive contributions.

Send contributions to: [newsletters@u3agympie.com](mailto:newsletters@u3agympie.com)



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