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- November 2021 Edition-

[Our website](#)

From the President

Hello Members,

Welcome all to our November Newsletter. I hope you are all managing with the storms we have been having lately - stay safe everyone. I am not a lover of thunder and lightning, and neither is my dog Miss Polly. At the first sign of a storm, she hides under my dress. Of course she hears a lot better than I do, so she lets me know when a storm is coming.

Just a gentle reminder to all, that while Gympie has been a pretty safe haven from COVID, we still need to be aware of the rules for COVID living. I feel these rules will be a way of life now, so just be aware of the guidelines set down by the Department of Health. Social distancing is still in force, so try and sit the designated distance apart in classes, wipe down tables and chairs and assist members with using the Check-in Qld App. If you want to wear a mask, feel free to do so - although these are not compulsory - and if you are unwell, stay at home.

I was very excited about getting my bone-anchored hearing-aid last week, but my appointment was postponed and I have to wait another 2 weeks. I guess I can't complain, at least my surgery site will be healed completely. So sorry, but if you want me to hear you, you still have to yell at me.

We have tickets on sale now for our end of year function. It will be a lunch at the Gympie Bowls Club, Southside on the 25th November - doors open at 11.30am.

Tickets are \$25. I hope to see you there! See below for our bank account details.

That's it for me,

Evie



**Birthday Greetings
to all members celebrating a
birthday this month!**

Class Coordinator's Report

Dear Members,

Hope all have settled back into classes and those in our new classes Rag Rugs and Budget have found them very exciting. These are 5 session classes and will end this term but I hope to persuade the tutors to return in 2022 - so if interested please put your name down early.

Good news - we have a tutor for our Monday laptop class as from Monday, 15 November 2021.

A new activity being added to our schedule is DEEP WATER EXERCISES, commencing Thursday 11 November in the 50m outdoor pool at the Gympie Aquatic Recreation Centre, Tozer Park Road, Gympie on Thursdays, 10.00am - 11.00am.

Still waiting to hear of any interest in Reflexology and Relaxation for 2022.

How about a games class where some can play Gin with tiles, cards, board games or puzzles in groups of their own choosing?

Tutors will you text me if I have missed any members' class fees. Also please notify your classes that I will call between 1 and 5 November with tickets for end of year luncheon on 25th November. Numbers are limited so get your ticket to avoid missing out. Tickets are \$25.00 and its sure to be an enjoyable outing for all.

No offence intended members but we have a large member base but few (other than Tutors) are contributing to the running of U3A. We need a secretary and three committee members. I need someone with computer experience and smartphones, retired office or PA staff for helpers.

I know we all have busy lives but we are looking at two hours a week of your time. Please give it some thought for 2022.

COVID can pop its head up at any time so stay safe and follow the rules.

Denice McDougall
Class Coordinator

Class Coordinator Denice McDougall can be contacted on 0490 757 458 or email classes@u3agympie.com for enquiries or to express an interest in any of our classes.

Retro Jukebox Performance!

Our wonderful Retro Jukebox Group will be performing in the Rotunda at Memorial Park on Tuesday the 9th of November, from 11:00 until 12:30. Any members who are free, please go along and support our Jukebox Singers - they are certain to get your toes tapping as they bop along with some really great songs from our younger days. A good opportunity to highlight U3A Gympie in the Community. Perhaps some will be willing to hand out information brochures, or answer any questions from interested onlookers. Contact Denice as above.

Another easy recipe to try - from our Cooking Demo class.

Thank you Sarah.

Sweet Chilli Beef

Ingredients:

- 450 grams beef strips
- 1 tablespoon corn starch
- 2 tsp oil
- 2 tablespoons sweet chilli sauce
- 2tbsp soy sauce
- 1 tbsp tomato paste
- 150mls water
- 2 spring onions

Method:

- In a bowl, whisk together the sweet chilli sauce, soy sauce, tomato paste and water.
- Set aside.
- Pat the beef dry and slice into thin strips.
- Dredge the beef in corn-starch and pinch of salt.
- Heat a wok over a medium high heat and let it get hot before adding 1tsp oil.
- Add half the beef strips and fry till lightly golden, giving it a light toss occasionally
- Remove from pan.
- Repeat until all the beef is cooked.
- Add the sauce ingredients to the pan and heat on medium high until sauce just starts to thicken.
- Add back the beef and stir through, top with sliced spring onion.
- Serve immediately.

QUEENSLAND U3A ARTS COMPETITION

Don't put away your camera
or smartphone just yet!

**WE HAVE
GOOD NEWS**

The deadline for the photography section of
the Arts Competition is now
Friday 19 November 2021

LEARNING TO USE YOUR CAMERA

Now is your chance to showcase your talents. You can use either your camera or smartphone to snap whatever you want to enter the Queensland U3A Arts Competition. Remember, there are cash prizes to be won in addition to the kudos of showcasing your talents.

So, get clicking!



Condition and entry forms are available at
www.u3aqlld.org.au/quac



U3A Gympie Book Clubs

Our Book Club members have enjoyed a year of interesting and varied reading thanks to the Gympie Regional Library and the Book Club sets of books made available to us.

These are sets of eight copies of each title, and there is a large catalogue of books from which to choose. This is a valuable resource built up over the years and our U3A Book Clubs have each donated a set of eight books to the library this year, as below:

Book Ends - The Eye of the Sheep - by Sofie Laguna

Book Marks - The Power of Myth - by Joseph Campbell and Bill Moyers

Book Worms - Half Life - by Jillian Cantor

Well done to our Book Club members! Great friendships are formed through book clubs, and much laughter and fun is shared. Meeting once a month is your only commitment, other than the actual reading of the monthly book. So keep in mind for 2022.

U3A Gympie Noticeboard

[Click here](#) to check out our virtual noticeboard and keep up to date with changes to classes etc.

BANK DETAILS

Bendigo Bank

Account Name: U3A Gympie Inc.

BSB: 633000 Account Number: 156 399 636

Please note in the description and/or reference fields, your membership number or name and the purpose of the payment, then notify the Treasurer by email to treasurer@u3agympie.com, or by voicemail or text to 0417 433 034

From the Treasurer:

Dear Members,

A few reminders and additional information:

BANKING: Online Payment – Bank of Queensland – Details provided on our account transactions do not include the payers name, so if there is not enough space in the description field to provide all the details needed, could you please either email, text or even leave a voicemail message advising the remaining details.

CODES: For written receipts and online payments – For online payments membership numbers can be used instead of surnames; 2022 for new or ongoing membership payments; EOYF for ticket payments, and the first three letters of classes or courses i.e. DRA for drawing classes. The only exceptions are for our book clubs i.e. BMC is for the Book Marks Book Club, the AQUA classes are either *AQU (TU)* for Tuesday classes or *AQU (TH)* for Thursday classes, *SMT* is for Smartphones & Tablets and *LAP (B)* for Laptops Beginners and *LAP (I)* for Laptops Intermediate. We also use *T4* to show that the payment is for a term 4 class or course

NEW MEMBERSHIP FORM: All members are required to complete the new *Membership & Enrolment* forms for Term 1, 2022. Copies are available on our website; on Facebook; from tutors or class coordinator, or from Gympie Central Community Desk - see dates below. Additionally, you can contact the Treasurer and I will provide a copy of this form for you. Please print all email addresses to avoid errors when your profile is setup, and the requirement from our insurers is that members must sign the form with their **normal signature** and **initials**.

New members joining in term 4 only need to complete another form if their details have changed.

CLASS SCHEDULE for Term 4: Due to the introduction of 5 or 6 weekly courses, a new schedule will be generated and distributed to members at the mid-way point of each term.

For this current term, the information on our ***Open Day*** in January and the next

Annual General Meeting in March 2022 will also be provided. Any additional unexpected changes will be posted on our **Notice Board** and all the links to our other social media sites will be updated ASAP.

Kind regards and best wishes, Mary

Mary Inman - Executive Officer, Treasurer and Acting Secretary, responds to emails addressed to treasurer@u3agympie.com, u3a@u3agympie.com and the CONTACT FORM on our website. I can also be contacted on 0417 433 034 for enquiries not related to classes.

U3A Dates to Remember

- 2 November - Tuesday Lunch (Jockey Club Hotel)**
- 9 November - Gympie Central Community Desk (10:00-12:00)**
- 9 November - Retro Jukebox Performance (11:00-12:30)**
- 9 November - Tuesday Lunch (Jockey Club Hotel)**
- 9 November - Management Committee Meeting**
- 11 November - Gympie Central Community Desk (1:00-3.00)**
- 11 November - Remembrance Day**
- 16 November - Tuesday Lunch (Jockey Club Hotel)**
- 23 November - Tuesday Lunch at (Jockey Club Hotel)**
- 25 November - End of Year Luncheon (Gympie Bowls, Southside)**
- 30 November - Coffee with Friends (The Coffee Club)**
- 30 November - Tuesday Lunch (Jockey Club Hotel)**

Committee News:

VACANCIES: As mentioned in the October newsletter, the role of **Secretary** is now vacant. As we have not received any responses, we will be advising the Office of Fair Trading that Mary Inman will be undertaking the roles of Treasurer and Secretary until further notice.

Mary advises:

'However, due to the workload of being Treasurer for both U3A Gympie and another non-profit organisation; my ongoing health issues, plus the ending of and starting up our financial years, I will need some help undertaking both roles. So if you have spare time, comfortable with using word and/or excel software, could you please contact me on 0417 433 034 to discuss. Thank you.'

Please use the u3a@u3agympie.com email address or phone 0417 433 034 to discuss joining the management committee either before or at the Annual General Meeting to be held on Thursday, 3 March 2022. **Note: A Secretary does not have to become a member of the management committee.** A list of current committee members and vacancies are on the **Practicalities** page on our website.

END OF YEAR FUNCTION – Thursday, 25 November 2021, Gympie Bowls Club, Southside. Doors open from 11.30am for a 12.00 midday start, and tickets are \$25.00 for members and visitors. Our Menu:

Alternate drops of Roast Beef OR Roast Chicken, both served with Roast Vegetables

Followed by alternate drops of Apple Crumble with custard OR Cheese Cake Tea, Coffee and Water will be available. Please contact the Treasurer as soon as possible if you have any dietary issues regarding this menu.

Door prizes will be available, so remember to bring your tickets. Your committee will be seeking suggestions or ideas for new classes, short courses, and activities from both members and potential tutors for 2022.

Tickets can still be purchased online via transfer to our account at the Bendigo Bank (account details shown above); by cash when the Class Coordinator visits all the classes starting this week; or at the **Gympie Central Community Desk** located across from Noni B (see below). The deadline for purchasing tickets is ***Tuesday, 16 November 2021.*** Contact the Treasurer if you require tickets after this date.

GYMPIE CENTRAL COMMUNITY DESK: Management committee members will be available at Gympie Central on Tuesday, 9 November from 10.00am - 12.00pm and Thursday, 11 November from 1.00pm - 3.00pm to discuss all matters relating to our Group, current and in 2022. Tickets for the *End of Year Function* will be available to purchase.

IMAGES: We are still seeking images not just of U3A activities, but of the city of Gympie and surrounds to be used to update our website and for new promotional material for 2022.

Regards, Mary, Secretary



L-R Annie, Layne, Lynlie, Margaret, Lindy, Carol.

"The Drama Queens"

Gympie Lions Club hosted a morning tea at The Senior Citizens Centre on Thursday 14th October, sponsored by Gympie Regional Council as a part of Seniors Month.

A call went out from the Lions Club to U3A Gympie to provide some entertainment - with a request for something other than singing. In response U3A members formed a small drama group along with some friends to help out. The program included jokes, skits, monologues and humorous poetry - another opportunity for U3A to connect to the community and help celebrate Seniors Month.

Newsletter Contributions

Please submit all contributions no later than the 28th of the month.

The newsletter is published in the 1st week of the following month. Please keep publication dates in mind for any time sensitive contributions.

Send contributions to: newsletters@u3agympie.com



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